

CONTACT INFORMATION

West Fargo Exchange Club
Post Office Box 522
West Fargo, ND 58078-0522

2016-17 Officers and Directors

President Maren Gemar
President-Elect Dave Geske
Vice President Josh Herbold
Past President Lou Lauritsen
Treasurer Chad Rieth
Secretary Chris Heise
Director Jake Lauritsen
Director Kevin Skoog
Director Kevin Kragnes
Director Jayne Timmerman
Director Sheri Larson
Director Larry Weil

Our Website -

www.westfargoexchangeclub.com

National Exchange Club Website -

www.nationalexchangeclub.org

Facebook Page -

www.facebook.com/westfargoexchangeclub

The West Fargo Exchange Club meets each Tuesday at Noon at the Cambria Suites & Hotel in West Fargo. Guests or individuals wishing to find out more about the Club are encouraged to attend. We are always looking for new members!

OUR CORE VALUES....

Each member of Exchange holds near to their hearts three core values - Family, Community and Country.

Commitment to Family is interpreted not only as one's own family needs, but also those of all American families. Strengthening families, with a focus on youth, is addressed in many ways through Exchange's Programs of Service.

Commitment to the Community where an Exchangite resides is the focal point for each club's efforts. Exchange is unique as a service organization in that it has flexibility to structure projects that target the needs of a particular geographic location, rather than being restricted to a certain cause.

Commitment to Country was born in the aftermath of World War II, a time of unquenchable patriotism. Exchangites are proud to join veterans and other civic groups in promoting Americanism as the rich blessing of democracy and freedom, and in educating today's youth to cherish its values.

These three values are translated into actions every day to bring about positive results through the work of hundreds of clubs and tens of thousands of dedicated Exchange Club members every day.



EXCHANGE

WEST FARGO EXCHANGE CLUB

America's Service Club



Inspiring communities to become better places to live.



We Still Stand for Freedom.

Making our communities better places to live.

SOME OF OUR EXCHANGE CLUB PROGRAMS....

AMERICANISM

Give A Kid a Flag To Wave-

Our Club supports this National Program by handing out flags at the West Fest Parade each September.

One Nation Under God-

November, observed nationally as One Nation Under God Month, is a special time of year when Exchangites join together to increase public appreciation of the important roles religious faith and freedom have played in our nation's history.

Freedom Shrines Placed in West Fargo Schools -

The Freedom Shrine is an impressive, permanently mounted collection of 30 of the most important and historic American documents, including the Declaration of Independence, the Constitution of the United States and the Gettysburg Address.

COMMUNITY SERVICE

Book of Golden Deeds-

The Book of Golden Deeds is a prestigious award given to a person in our community who generously volunteers and donates of their time and talents to make our community a better place to live.

Senior Appreciation Event-

The Club recognizes the contributions that our Senior Citizens have made to our community now and in the past.

Commodities for Seniors-

The West Fargo Exchange Club helps the West Fargo High Rise deliver commodities and food items to their residents.

Meals On Wheels-

We deliver Meals On Wheels to Senior Citizens on the first and third Wednesdays of each month as one of our community service projects.

YOUTH

Student of the Month-

Each month during the school year a West Fargo High School student is recognized as Student of the Month. The student receives a plaque and recognition at our weekly meeting and is eligible to apply for the Student of the Year award.

Student of the Year-

Each Student of the Month is eligible to apply for the Student of the Year designation which includes a \$1000 scholarship from the Club.

CHILD ABUSE PREVENTION

Night to Unite-

On the 1st Tuesday of August, we participate in the Night To Unite program by providing assistance to the Police Department and Park District at this community event.

School Snacks for Children-

Each year, we purchase a supply of healthy snacks and deliver them to the elementary schools in West Fargo to allow the school staff to provide snacks to students who do not have them.

ORGANIZATIONS & PROGRAMS THAT HAVE BEEN SUPPORTED BY THE WEST FARGO EXCHANGE CLUB

- Meals on Wheels
- Student of the Year
- Pants for Kids
- Circle of Lights
- Commodities for Seniors
- Junior Achievement
- New Neighbor Program
- Post Graduation Party
- High School Mentoring
- Snacks for Kids
- West Fargo Excellence
- Students at Risk
- West Fargo Baseball
- Sheyenne HS Dance Team
- Habitat for Humanity
- Sheyenne HS Boosters
- Junior ROTC
- Salvation Army Bell Ringing
- Miss West Fargo
- Backpacks for Kids
- HERO
- Fraser Hall
- YMCA
- Senior Citizen Fun Night
- Hospice of the Red River Valley
- Haley's Milk Run
- American Red Cross
- Summer Reading Program
- Boy Scout Troop 246
- Packatahnas Dance Team
- Red River Zoo
- Student of the Month
- Youth Summit
- One Nation Under God
- RealCare Baby
- Post Prom Party
- Children's Advocacy Center
- Winter Gear for Kids
- Book of Golden Deeds
- Rape and Abuse Crisis Center
- West Fargo Soccer
- Boy Scout Troop 279
- Caring Program for Children
- Riding on Angel's Wings
- Give a Kid a Flag to Wave